

North Florida Surgery Center

BEFORE YOUR PROCEDURE

1. It is your responsibility to arrange in advance for a responsible adult to drive you home after your procedure, you cannot drive yourself home.
2. Please let us know if there is any change in your physical condition, such as a cold or fever.
3. If you have not been contacted the day before your procedure, please call us at 386-758-8937 for your instructions.
4. If you wear contact lenses or glasses, bring a case to store them in. We provide containers for removable dentures and bridgework.
5. Do not drink or eat anything after midnight not even coffee or water. This will reduce the possibility of nausea and vomiting during anesthesia. You may brush your teeth, remembering not to swallow anything. Refrain from the use of mints, chewing gum or cigarettes. Failure to follow these instructions may result in the cancellation of your procedure.
6. Please do not take any medications after midnight unless instructed by the pre op nurse. If you are diabetic or on blood pressure or heart medication, obtain specific instructions from us.