

NFSC Post-Laser Procedure Discharge Instructions

- **Vision Changes:** It is normal to experience blurry vision on the day of your laser treatment, however, your vision should improve over the next 24 hours.
- **Activity Level:** When your vision has cleared, there are no limitations or restrictions to your activities. You may return to the same level of activity you had prior to the laser treatment.
- **Eye Discomfort:** If your eye feels scratchy or irritated after the laser treatment, you can use artificial tears as needed. These artificial tears are available over the counter and do not require a prescription.
- **Floaters:** You may notice “floaters,” dark spots or strings floating in your vision, for a few days. This condition should become less noticeable with time.
- **Resume** all previous medications including eye drops.

Contact your doctor immediately if you experience any of the following:

- Severe pain (not relieved by over-the-counter pain relievers such as Tylenol)
- Flashing lights or halos
- Dark areas in your vision similar to a shade being pulled down.
- Nausea accompanied by eye pain.
- Persistent redness in the eye.

COLUMBIA EYE ASSOCIATES, LAKE CITY - (386) 755-2785

Always follow your doctor’s specific instructions and attend your follow-up eye appointment as scheduled.

Date: _____ at _____ am/pm at the _____ office.

Wishing you a smooth recovery!

Patient/Parent or Guardian

Discharge Nurse/Physician

Date

Patient Label

NFSC-00033